

# TEL AVIV UNIVERSITY

## INTERNATIONAL

## TEL AVIV UNIVERSITY INTERNATIONAL

### Study Abroad & Short Term Programs

### Student Handbook 2018-2019

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# Table of Contents

Welcome	1
General Background	3
Useful Information (Contact and Emergency Information)	4
Study Abroad Calendar 2018-2019	6
Preparing for Arrival (Payment, Fees, Mobile Phones, Visas, Packing, Etc.)	8
Housing	15
Academics	18
Campus and Student Life (Insurance, Health, Safety, Security, Etc.)	22
Life in Tel Aviv (Transportation, Mobile Phones, Money Matters, Etc.)	37
Life in Israel (Holidays, Useful Web Sites and Apps, Etc.)	46

## WELCOME FROM THE DIRECTOR OF TAU INTERNATIONAL

We congratulate you on your admission to Tel Aviv University International. Soon, you will become a part of the Tel Aviv University family, which boasts a highly acclaimed faculty, a top-tier student body, and international prestige.

Whether you are coming for a Short Term Program, a Study Abroad semester or year, an Exchange Program, or you are here conducting research, you will join other students from all over the world to embark on a unique personal and academic journey. Your experience will surely prove both challenging and rewarding.

Tel Aviv University International is here to help you get acclimated to your new environment and complement your academic experience with an array of services and activities. We invite you to take full advantage of the unique opportunity to live in Tel Aviv, the epicenter of Israeli culture. Being a part of the largest university in Israel allows you to enjoy the many state-of-the-art facilities and a variety of social and athletic clubs on campus.

Our dedicated staff in the USA, Canada, and on campus (us included), are here to accompany and support you on your journey. We want to make sure that you have a rewarding and enjoyable experience during your stay with us at Tel Aviv University and hope to create a life-long connection with you.

With warmest regards,



Ms. Maureen Meyer Adiri

Director of Tel Aviv University International



Ms. Dana Rubin

Study Abroad Director, TAU International

## WELCOME FROM YOUR STUDENT LIFE TEAM

Dear Student,

Welcome to Israel, Tel Aviv and Tel Aviv University!

We, your *Madrichim*, your Student Life Team, are lucky to be the ones in charge of all the extracurricular aspects of your TAU experience. As you are joining our community of international students, you will benefit from a broad range of activities and support.

During the year we will have a [variety of activities](#) such as excursions and trips, events, cultural and social activities, and much more. Our goal is to expose you to the wide and diverse culture Israel has to offer, as well as to create a fun social experience!

Our role is also to be available for you at all times. We are available in the TAU International Office (Carter Building 108) Sunday to Thursday from 9am-3pm and are available on our cell phones 24/7 for support or in case of emergency.

In short, we are here to help you navigate Student Life, and to make your stay in Israel as enjoyable as possible. We hope you are excited to get started and that you will take advantage of everything in your academic as well as in our Student Life program.

We look forward to meeting you at the orientation and to spending a great time with you.

We are here for any questions!

The Madrichim (Student Life Team)

Email: [madrichimosp@mail.tau.ac.il](mailto:madrichimosp@mail.tau.ac.il)

Facebook: [Study Abroad: Madrichim TAU](#)

Our numbers for when you arrive:

Orr (Head of the Student Life Team)- 052-5255137 or 050-8804114

Sahar- 054-6988254

Tomer- 050-4566669

Michal- 054-5880038

Guy- 052-8023794

## GENERAL TAU BACKGROUND

### **About Tel Aviv University**

Tel Aviv University (TAU) is Israel's largest academic institution. Its faculty includes nationally and internationally renowned scholars and scientists, many of whom are leaders in their fields. TAU is a major center of teaching and research and is composed of nine faculties, 125 schools and departments, and 90 research institutes. There are currently approximately 30,000 students studying at the University in various degree programs.

TAU was founded in 1956 when three smaller education units - the Tel Aviv School of Law and Economics, the Institute of Natural Sciences, and the Institute of Jewish Studies - joined together to form a comprehensive university.

Today, TAU offers an extensive range of degrees in the arts and sciences, within its Faculties of Engineering, Exact Sciences, Life Sciences, Medicine, Humanities, Law, Social Sciences, Arts, and Management. The original 170-acre campus has been expanded to include an additional 50-acre tract, now being developed.

### **About Tel Aviv University International**

Five decades ago Tel Aviv University first opened its gates to accomplished students who came from around the world to embark on a remarkable personal and academic journey. Tel Aviv University has since consistently ranked as one of the top institutions of higher learning world-wide. As a world-class academic institution, many members of its distinguished faculty have won international recognition and are considered leaders in their fields of research. Today, Tel Aviv University International provides international students with the opportunity to study in Tel Aviv in English for three years, one- year, a semester or a summer.

Tel Aviv University through its International School, has enriched the lives of its international students, allowing them to reach new pinnacles of scholarly and personal success. Students who complete one of the programs not only receive a superior education but also gain newfound insight into globalization and learn to live as citizens of the world.



# CONTACT INFORMATION



## Important TAU and External Contact Information

### External Telephone Numbers

Police	100
Ambulance (and First Responders)	101
Fire Department	102
Electric Company	103
City Municipality (Tel Aviv)	106
Health Insurance Helpline	1-800-260-660
Ichilov Hospital/Sourasky Medical Center (Weizman St. between Arlozorov and David Hamelech)	03-697-4444
Association of Rape Crisis Center	Women: 1202 Men: 1203

### TAU International 24/7 Emergency Contact Information

If you are in Tel Aviv and need to contact a TAU International staff member in case of emergency, use the following emergency phone numbers:

#### In Case of Emergency in Israel During Office Hours -

TAU International Office, Carter Building 108

Open each day Sunday through Thursday\*, 9:00am-3:00pm

Office Number: +972-(0)3-640-8118 (Ask for the Student Life Team Member on duty)

\*Students will be notified of office closure for holidays in advance. In case of office closure, students should use the 24/7 Student Life contact information below in case of emergency.

#### In Case of Emergency in Israel Outside Office Hours -

Please try this number first – Orr (Head of Student Life)- 052-5255137 or 050-8804114

If you are not able to reach Orr, please call one of the Student Life Team listed here:

Sahar- 054-6988254

Tomer- 050-4566669

Michal- 054-5880038

Guy- 052-8023794

#### TAU International New York Office Emergency Contact Information -

Students, Partners and Parents of U.S. University Students can use this information as needed. Please be aware that due to educational privacy laws, if you are calling on behalf of a student currently enrolled with TAU International we are restricted in what information can be shared regarding our students' individual circumstances when it comes to health and safety.

*Director of Admissions, TAU International New York*

*Monday-Friday, 9am-5pm EST*

*Tel: (212) 742-9030, (800) 665-9828*

*After Hours Emergency Number: +1-973-919-5988*

**Other Campus Emergency Numbers**

University Security (for suspicious objects, fire on campus, accidents, etc.)	03-640-5555
First Aid Nurse	03-640-8666
Psychologist on Campus	052-671-0409
Evening Crisis Hotline (for any matter of wellness)	03-640-5352
TAU Campus Security Office	03-640-8484 or 03-640-9595



# PREPARING FOR ARRIVAL



## Calendar

The Study Abroad Semester Calendar [can be found here](#).

The Calendar for Summer and Short Term Programs [can be found here](#).

A Calendar of Student Life Activities [can be found here](#).

## Payment and Fees

Tuition fees includes administration fees, health insurance, access to university libraries, and a number of social events and trips. Your online account profile serves as your bill and record of payment. Please note that all tuition fees are due in advance. Students may not enter the dormitories or begin classes until fees are paid in full or alternate arrangements with Tel Aviv University International are confirmed in writing.

All fees are payable via the payment methods listed below:

- A bank check or a personal check made out to 'Tel Aviv University'.
- A credit card: Visa, MasterCard, Discover Card and American Express are accepted through your online profile.
- A deferred payment plan: an easy plan of equal, interest-free payments can be designed for you. Please contact our office for specific information and to set up your plan. The cost of the payment plan is \$100. Not all programs are eligible for this.
  - For DPP with credit card (all countries besides Canada)- via the US office: [PDunn@telavivuniv.org](mailto:PDunn@telavivuniv.org)
  - For DPP with credit card only for Canadians- via the Canada office: [orna@cftau.ca](mailto:orna@cftau.ca).
  - For DPP with checks (only from Israeli accounts)- via the Israeli office: [intl@tauex.tau.ac.il](mailto:intl@tauex.tau.ac.il)
  - For DPP with checks (only from American accounts)- via the US office: [PDunn@telavivuniv.org](mailto:PDunn@telavivuniv.org)
- Government-sponsored student aid/loans.
- External scholarships disbursed directly to TAU.

## Conditional Fees

- **Bank Fee:** Bounced checks incur a \$40 fee and cancellation of any payment plan.
- **Cancellation Fee:** A \$500 fee is incurred if withdrawing after submitting the *Confirmation Form* or if withdrawing after the first day of classes, whichever comes first.
- **Collection Fees:** Tel Aviv University may utilize the services of an attorney and/or collection agent to collect any amount past due, and you will be charged an additional amount equal to the cost of collection (approximately 33% of your outstanding balance) as well as any other fees incurred by Tel Aviv University.

## Refund Policy

Notifications of withdrawal must be made in writing. Refunds are determined by the date of our receipt of the notice. All refunds listed below are in addition to the mandatory \$500 cancellation fee.



#### Tuition:

- Withdrawal prior to or on the first day of class: 100% of tuition minus confirmation fee and cancellation fee.
- Withdrawal after the first day of class, but no later than 5 days after the beginning of classes: 50% of tuition minus confirmation fee and cancellation fee.
- Thereafter (if enrolled for a single semester): no refund.
- Thereafter (with respect to enrollees for the academic year withdrawing during the first term): second-semester tuition portion and summer semester tuition portion minus confirmation fee and cancellation fee.
- Thereafter (with respect to enrollees for the academic year withdrawing during the second or summer term): no refund.
- Withdrawal on the first day of USA federal loan disbursements or thereafter: determined by the department of ed. as per the Return Policies.
- Tuition assistance, grants and scholarships are contingent on successful completion of the course of studies. For clarity: early withdrawal cancels scholarship assistance and makes the student liable for the full tuition as covered in the aforementioned clauses.

#### Dormitories:

- Students will be charged for the dormitories in full, once confirming that they will be living on-campus.
- Students leaving the dormitories after the beginning of the program will be charged the entire fee for the duration of the program, unless otherwise agreed in writing. TAU is unable to refund students for early withdrawal from the dorms.\
- Students will be asked to submit a security deposit form; they will be charged for any damage, missing contents, or negligence.

### **Late Payment**

Students are responsible for making payments on time. Students are also responsible for any late payment charges on amounts that are overdue. Late payment fees of \$100 will be added to overdue charges for every 30 days of delinquency. In addition, late payments may lead to cancellation of students' payment plan, if one exists, and eventually to collection fees. In any case, students will not be permitted to register for classes or receive a diploma or transcript if they have an outstanding payment balance.

### **Program Dismissal**

Tel Aviv University reserves the right to dismiss any student whose conduct or academic standing warrants such action. In the event that a student is asked to leave the program, no refund of any fees will be granted. Please refer to the Letter of Agreement which all students must sign and submit before beginning their program.

### **Withholding Diplomas & Transcripts**

It is Tel Aviv University policy to withhold diplomas and transcripts if all financial obligations have not been met. In the event that a diploma or transcript is withheld due to an unpaid bill, a student will be required to make payment in order to release any of the aforementioned documents.

## **MASA**

[MASA](#) (which means 'Journey' in Hebrew) is a partner of Tel Aviv University's international programs. Masa is an initiative of the government of Israel and the Jewish Agency for Israel to promote participation in long-term programs in Israel, including academic degree programs. Throughout the academic year, MASA sponsors a variety of programs, sometimes at an additional cost. Examples of activities open to all international students, regardless of religion or nationality

with specific focus on graduate students are weekend retreats with speakers and outdoor hikes, as well as concerts. Details will be given during orientation week.

### **Masa Requirements at TAU**

The following are the current MASA requirements for students who receive a MASA grant or scholarship:

1. Hebrew: Students are required to take 120 hours of Hebrew-language courses, all of which will be fulfilled by completing the summer intensive Ulpan or by taking two consecutive semesters of Hebrew during the academic year.
2. Volunteer work: Students must perform 3 hours of volunteer work a week (12 hours per month). TAU International organizes a panel on volunteering. Please note: Volunteering in political organizations, parties or movements as well as commercial organizations will not be considered volunteer work.
3. Extra-curricular activities: TAU International organizes several trips throughout the academic year (to Tel Aviv, to the Holocaust Museum and to the South). In addition, individual programs sponsor their own field trips. MASA recipients must participate in all.
4. Activities with Israeli students: All the international graduate students are part of the Buddy System. At least once a month, there is a joint activity for both international and Israeli students.

### **Other Scholarships**

Please review our website for other scholarship opportunities:

[https://international.tau.ac.il/scholarship\\_programs](https://international.tau.ac.il/scholarship_programs)

## **Travel Documents**

### **Letter of Acceptance**

Be sure to print out a copy of your acceptance letter to TAU International and carry it with you in your carry-on luggage while you are en route to Israel. You will be asked for this at the Ben Gurion Airport upon arrival.

### **Passports**

All visitors to Israel must hold a passport that is valid for at least six months from the date they enter the country. In order to enter Israel as a student, you must have a passport that is valid for at least one year from your date of entry into the country. If you do not have a valid passport, apply for one immediately. If you hold an Israeli passport, you are required to present it upon arrival.

### **Student Visas**

Students who do not hold an Israeli passport may want to consult with the Israeli Embassy in their home country regarding visa and entry regulations.

A. All students must apply for a student visa (A-2) prior to their departure. The A-2 Student Visa is a multiple-entry visa valid for one year, meaning that you may enter Israel an unlimited number of times for a period of one year without securing a new visa. Student visas are renewable after one year both in Israel and abroad. You must apply for an A-2 visa in person at your nearest Israeli consulate. Please note: It is illegal to study in Israel on a tourist visa. You may refer to Israel Ministry of Foreign Affairs [website](#) for more information.

The following is a checklist for this procedure:

1. [Form](#)
2. Valid passport
3. Passport-sized pictures
4. Acceptance letter to the program
5. Proof of sufficient funds (a bank statement is acceptable)
6. Scholarship statements, if relevant (this assists section 5)
7. Fee of 350 NIS

B. A student visa does not allow you to work in Israel.

C. Some students will not be able to enter Israel without receiving a student visa ahead of time because they are not automatically granted tourist visas upon arrival to Israel.

D. If for some reason you could not apply for your student visa before leaving your home country, you must take care of it immediately upon arrival in Israel at the Ministry of Interior (See "A" above for the checklist). Please contact Yael Plashevsky:

Telephone: 03-6407864; Email: [plashevskyy@tauex.tau.ac.il](mailto:plashevskyy@tauex.tau.ac.il)

**\*\*\*Make sure to visit Yael Plashevsky before going to the Ministry of Interior\*\*\***

Ministry of Interior details:

Salame 53, Tel Aviv

Office hours: Sunday, Monday, Tuesdays and Thursdays, 08:00am – 09:00am. It is recommended to arrive as early as possible once they open to take a number.

### **Israeli Born & Returning Israeli Citizens**

If you are a returning Israeli citizen or are the child of a parent who holds Israeli citizenship, please contact the nearest Israeli Consulate to clarify your legal status in advance of entering the country. Israeli citizens or children of Israeli citizens should apply for an exemption from military service through their nearest Israeli Consulate before arrival in Israel.

It is also recommended to contact Nefesh B'Nefesh - <http://www.nbn.org.il/> - who are a great resource on topics relevant for olim (new immigrants), returning citizens, and children of Israeli born parents.

### **List of Israeli Consulates Worldwide**

Please refer to [Israel Ministry of Foreign Affairs](#) for more information.

## **Packing Essentials**

### **Clothing**

Campus dress is fairly casual. Most students attend classes and campus events in jeans and T-shirts. Women may want to bring modest attire (skirts or dresses that cover the shoulders and knees) for visits to religious sites in Israel. Both women and men should plan to bring semi-formal attire for professional meetings and networking, special occasions and nights out. As dry cleaning is relatively expensive in Israel, please bring clothes that can be easily cleaned.

Most of the year is warm or even hot. During the hot summer months, the traditional casual dress code becomes even more relaxed - if you are sensitive to air conditioning, make sure to pack a few sweaters or a shawl. In the winter, warm clothing is necessary, as many buildings are neither centrally heated nor well insulated. From December until March, the weather can be rainy, damp, and cold. For program excursions as well as your own sightseeing, a pair of good walking shoes is a must.

## **Cosmetics and Toiletries**

Cosmetics, toiletries, and other personal supplies are readily found in Israel, although they might be more expensive than in your hometown, and specific brands are not always available.

## **Medication**

If you are taking a prescribed medication, you should bring a supply to last the duration of your time in Israel. It is also recommended that you bring a typewritten, generic prescription for your medication should you need to have it refilled. Since some medication might not be available in the same brand names in Israel, it is essential that a generic name be provided for reference by a local doctor or pharmacist. Also, in the event that you are sent an additional supply of medication by mail, you will be required to present a prescription to the Israeli Customs Office before the medication is released.

## **Electrical Appliances**

Electrical appliances should be kept to an absolute minimum. Because of Israeli customs restrictions, a limit on electrical appliances is advisable. The electrical current in Israel is 220 volts, 50 cycles. You may be able to bring a transformer for certain appliances, such as a hair dryer. Some appliances cannot be converted. Be sure to check with an authorized electronics dealer for detailed information. Most laptops do not need transformers, but require a small inexpensive adaptor.

## **Flight and Arrival**

You are responsible for making your own travel arrangements. There are group flights organized through our New York Office which depart from New York; seats on these are booked through our designated travel agent in New York and are first come, first serve. For more information on this, please contact our New York Office.

## **Baggage Information**

Please contact your airline operator regarding baggage regulations and costs for checked bags so that you don't have surprises upon check in. Keep in mind while packing that elevators are not as common in Israel and you may find yourself having to take stairs during travel. **In particular, the Einstein dormitories do not have an elevator and you may have to carry your luggage up several flights of stairs.** For these reasons and for reasons of storage space, we recommend that you bring with you no more than two reasonable sized suitcases + one carry on.

Experience has shown that it is best to take your belongings with you and to check them on the flight. It is not recommended to ship luggage to Israel for the duration of your stay, as incoming goods may be taxed if they are shipped. This is the case even if they are your own personal items and even if they are used. Further problems may arise, as there is no way to know exactly how long your shipment will take to arrive. In addition, packages shipped by sea will arrive at the Port of Haifa, which is more than an hour away from Tel Aviv. You will have to get to Haifa, take the shipment through customs, declare all items, and then transport your luggage from Haifa to your apartment. Former participants have said that if you have an extra piece of luggage, you are bringing too much. However, if you must, it is worthwhile to avoid shipping and pay the extra charge for each additional piece of luggage taken on your flight.

## **Arrival Information**

Study Abroad students are encouraged to read our [TAU International Arrivals Site for Study Abroad Students](#) for the most updated and detailed information on housing check in, arrival day, orientation schedules, and more.



At Israel's Ben Gurion International Airport your first step is passport control. Please note that passport control might take some time depending on how busy the airport is and how many questions the officers have for you. **Come prepared with your acceptance letter to show the inspectors.** If not staying in TAU Housing upon arrival, make sure that you have made previous arrangements for housing, to meet with friends or family, or to stay in a youth hostel when you arrive. Keep the details (address, etc.) of your accommodation with you to give to passport control as needed.

After passing through control and getting your bags, there are two main ways to get to Tel Aviv University:

**Arriving by Train:**

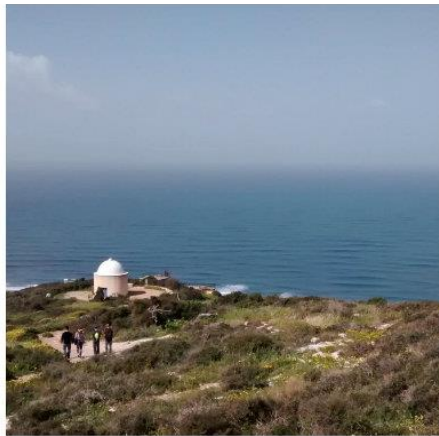
The station to reach is 'Tel Aviv University Station'. The train ride is approximately 20-30 minutes. When you get off at the station you can take a short cab ride to the Einstein Dorms (about 30 NIS) or you take the bus to the Einstein Dorms: bus number 7 or bus number 45. For Broshim, the Broshim Dormitories are a short walk from the train station. We recommend consulting Google Maps or the campus map ([click here](#)) for more information. If you want to consult train schedules ahead of time you can see these on [their website](#).

**Arriving by Taxi:**

The cost is about 150-175 NIS from the airport to the Einstein or the Broshim Dorms. You should only get a taxi at the airport from the official Ben Gurion Airport Taxi Stand which is outside the doors of the airport (there will be signs pointing you to the stand when you walk through the airport). We strongly recommend that you do not accept a taxi ride from anyone offering inside the airport. These are not regulated taxis and the fare could be much higher. Regardless of which taxi you take, it is recommended when you get in the taxi to ask the driver to put on the meter, or set a price similar to 150-175 NIS. It is recommended that you have cash (ATM's are inside the airport) for the taxi, although some will take credit cards. Always ask before you get in the taxi if credit is accepted. The address to tell the taxi for Einstein is Chaim Levanon Street 63 and for Broshim it is George Wise Street 20. Tipping etiquette in Israel for taxis ranges from 5-10%.

Should you experience travel delays or problems with arrival, please [contact us](#). For general information on transportation to and from Ben Gurion Airport to elsewhere in Tel Aviv or Israel [click here](#).

# HOUSING





## General Information

The two TAU dormitory complexes are adjacent to campus: Broshim and Einstein. Most of our study abroad and short term students will live in Einstein Dormitories. Please click [here](#) to see the location of the dormitories on the TAU map. During your orientation week, Tel Aviv University International will conduct an information session on housing, where the rules and regulations will be provided in detail.

2018-19 housing prices in Einstein for are \$600 USD month for a shared room, utilities and municipal tax included. For summer and short term 2019 students, housing prices are \$800 USD per month. In Broshim, it's \$800 USD per month for the semesters and \$1000 for summer and short term. Students who are living in the dorms are expected to sign a contract and pay in advance. Students who wish to room with a friend may indicate this on their Confirmation Form. Please be aware that roommate requests cannot be guaranteed. In addition, roommate requests must be mutually made in order for us to consider these.

**Please note that the following items are not supplied by the University: blankets, pillows, towels, kitchen utensils, and household goods.** Students may bring their own linens and electrical appliances or choose to buy from an Israeli company that provides these supplies, such as [4-Less](#). Please visit their websites for details and prices. The following quantities of linens are usually sufficient: two blankets, two to four sheets, two pillowcases, one pillow, and four towels. Please note that beds in the dorms are slightly longer and narrower than American twin beds.

Management of the dormitories is handled by a third-party company (*Shikun U-Binu'i*), which should be contacted directly regarding any maintenance-related issues. Contact information for this company will be provided upon entrance to the dorms.

For any inquiries regarding housing please email [housing@tauex.tau.ac.il](mailto:housing@tauex.tau.ac.il).

### Einstein Dormitories (most Study Abroad Students live here):

The Einstein student dormitories are located across the street from the Tel Aviv University main entrance (to the west). **Shared rooms** are available there for our international undergraduate students.

Each dormitory suite is divided into two bedrooms; two students sharing each bedroom. Each suite is furnished and includes a kitchen and bathroom, air conditioning, Wi-Fi, and cable TV. The dorms are inspected upon move-in and any damage done during students' stay will have to be covered by the students. A self-service laundry and a small gym is located within the dormitory complex. Additional laundry and cleaning facilities are available in nearby shopping centers.



Inside an Einstein dorm room

## Broshim Dormitories

The brand new Student City (Broshim student dormitories) is located a few minutes away by foot south of the Tel Aviv University campus. **Studio\_rooms** are available there **for our international graduate students**.

Broshim offers studio apartments suited for single occupancy. Each suite is fully furnished and includes a new kitchen and bathroom, air conditioning, Wi-Fi, and cable TV. The dorms are inspected upon move-in and any damage done during students' stay will have to be covered by the students. A self-service laundry is located within the dormitory complex. Additional laundry and cleaning facilities are available in nearby shopping centers. Housing prices for Broshim are \$800 for a studio apartment utilities and municipality tax included (\$1000 for summer students). Students who are living in the dorms are expected to sign a contract and pay in advance.



Broshim dorms

## Off Campus Living (Non-TAU Housing)

Some international students choose to live in off-campus apartments. Students wishing to do so should keep in mind that 1) they must obtain permission from their home school before choosing this option and submit this permission to TAU International; and 2) housing in Tel Aviv can be very expensive and time consuming to find. If you live in Ramat Aviv (the neighborhood where TAU is located) you can walk to TAU. However, living in the city center of Tel Aviv allows you to have access to the beach and the city action. From the city center, the bus takes anywhere from 40 to 60 minutes to reach the university and traffic can be an issue. Due to the difficulty of finding an apartment in Tel Aviv, students are advised to set time aside specifically for apartment hunting prior to the start of the program.

We have a resource guide which gives some advice to students in the process of securing your own off-campus housing. Please note the TAU does not – and cannot – assist beyond supplying this information for you. To view this Off-Campus Housing Guide, please visit our [Housing page](#).



# ACADEMICS





## Accreditation

For FFELP and Direct Loan purposes, Tel Aviv University is registered with the US Department of Education (Title IV Code 008373-00 or electronic G08373). In Israel, Tel Aviv University is accredited by the Department of Education and the Council for Higher Education.

## Orientation Days

Immediately before the start of your program, a **mandatory** Welcome Orientation is organized for the incoming international students. Its purpose is to familiarize our new international students with their programs, Tel Aviv University, Tel Aviv, and Israel.

Welcome Orientation will include:

- Campus tour
- Information and instructions regarding Safety, Health, Security and Well-Being
- Introduction of the Student Life Team (Madrichim)
- Information session for TAU housing
- Getting familiar with campus organizations and services: Student Union and its Buddy System, Hillel, Elite Sports Center, Clalit Clinic, Thrive, Psychological Services, etc.

## Course Selections and Registration

Study Abroad semester and year-long students also receive a separate, comprehensive, and mandatory on-site Academic Orientation (and detailed [Academic Handbook](#)) where we discuss course registration and other academic matters and policies at TAU International. All study abroad courses and syllabi (and the Academic Handbook) [can be found here](#). All course registration happens on-site; you do not need to do anything pre-arrival in this regard except browse the list of courses and discuss credit transfer/course equivalents with your home school advisors.

While all academic information can be found in the Academic Handbook, here are some important things to note now.

## TAU Grading System

The following is the grading system used at Tel Aviv University:

A+ = 97-100%	D+ = 67-69%
A = 93-96%	D = 63-66%
A- = 90-92%	D- = 60-62%
B = 83-86%	P = Pass (70% or higher)
B- = 80-82%	W = Withdrawal
C+ = 77-79%	W/F = Withdrawal with failure
C = 73-76%	INC = Incomplete
C- = 70-72%	



## **Incomplete Courses**

Students who fail to complete any of the course requirements during the period of instruction have an incomplete (INC) grade recorded on the transcript. In **very rare** cases, a student may complete the course requirements after the semester within a given time frame as designated by the professor (per TAU guidelines this deadline is never longer than 6 weeks after final course date). The grade would then be changed accordingly once work is completed. It is not guaranteed to have an INC grace period; it must be approved by both the professor and TAU International.

## **Disciplinary Matters**

Disciplinary issues such as plagiarism and other violations of university guidelines are taken very seriously by the university administration, which has strict guidelines regarding their definition and consequences. Details regarding these policies will be communicated during orientation week and throughout the year. Violations of this nature will be brought before the University's Disciplinary Committee.

## **Right to Appeal**

Students have the right to appeal the results of a written examination with the TAU academic committee within two weeks from the day the papers are returned. If there has been no appeal during that period, the grade is final. The appeal process will be communicated to you during orientation week. The last grade given will be the determining grade (even if the grade received after the appeal is lower than that given for the exam/paper).

During the appeal period, students may not take their original papers/exams out of the office. They may look at their papers and make a copy if allowed by their program administration and faculty.

## **Accessibility at Tel Aviv University**

Tel Aviv University believes that all of its students and staff should be entitled to equal access to university facilities, resources and activities, regardless of physical, sensory or mental limitations and disabilities. TAU strives to provide a safe and welcoming environment for people with disabilities and makes accessibility a priority in designing and upgrading the TAU campus.

In accordance with university guidelines, students requesting extended time or other accommodations should notify TAU International ([intl@tauex.tau.ac.il](mailto:intl@tauex.tau.ac.il)) in advance of such accommodations and attach official documentation. In addition, students must bring official documentation from their home country (translated into English by notary), and should be in touch with their respective program coordinator regarding any specific needs they have, and in accordance with the university or program policies and guidelines.

Tel Aviv University has charged the [Dean of Students](#) with ensuring the welfare of students with disabilities. The Dean of Students' office currently provides support and academic assistance to students with disabilities through sponsorships, counseling services and technological study aids. For additional information please contact the Executive Assistant to the Director General on Accessibility Issues, Mariela Yabo at [marielay@tauex.tau.ac.il](mailto:marielay@tauex.tau.ac.il).

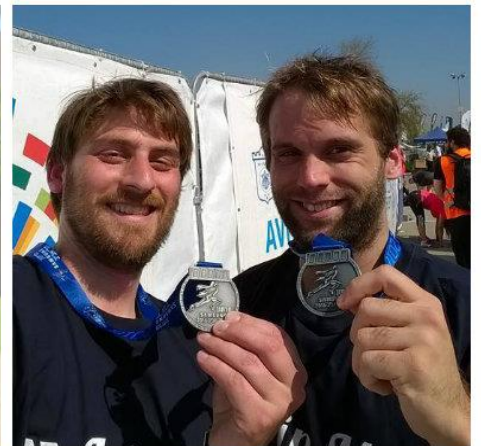
## **Religious Accommodation**

It is Tel Aviv University policy to respect all religious beliefs. No student will be penalized for absence due to religious observance, and alternative arrangements will be sought to meet the academic requirements. Please consult TAU International regarding any questions or issues you might have. For national and religious observance holidays, please refer to our [academic calendar](#). Please see section on Life in Israel for explanations about the major holidays celebrated in Israel.

**Moodle**

Students have access to Moodle, the online course management system used at Tel Aviv University. Users can access course materials and activities, grades, and communicate with lecturers and other students in the program. Login information and a tutorial will be provided to students when they arrive and register for courses with TAU International.

# CAMPUS AND STUDENT LIFE





## Tel Aviv University Campus

Situated in the heart of Israel's coastal region, Tel Aviv University resides on a spacious 220 acre campus. Located in suburban Ramat Aviv, just north of the city, the University is minutes away from downtown Tel Aviv. Tel Aviv University's proximity to the cultural and commercial capital of Israel allows students to absorb the best of Israeli society. Please find a map in the section on Handy Information.

### Campus Map



### [High resolution map](#)

Click [here](#) to find the building you are looking for.

## TAU International Student Life



To complement your academic experience, TAU International puts great emphasis on the cultural and social component of your TAU experience.

Our Student Life Team (Madrachim) are here to help you with all the non-academic components of your life in Israel: consulting on day to day issues related to your adjustment to Israel, helping with housing, helping you work with the medical insurance (if needed), etc. They're available for you 24/7 for any type of emergency. All of the team's phone

numbers can be found at the front of this handbook in the Important Numbers section; all Student Life phones can be contacted on What'sApp, SMS or by phone call. Email us as needed at: [madrachimosp@mail.tau.ac.il](mailto:madrachimosp@mail.tau.ac.il). Note that we are restricted from speaking with your parents due to privacy laws; it is best if you (the students) contact us always directly unless you are unable to.

Our Student Life counselors also conduct a broad social and cultural program that includes excursions all over Israel (North, South, Jerusalem), parties, cultural events, etc. They will do this while also providing you with the tools to help you to integrate independently into Tel Aviv's vibrant cultural scene.

## **Safety and Security**

The safety of our TAU International students is our highest priority. Information regarding safety and security is given to all international students at a mandatory student orientation session upon arrival to campus. In addition, this information is shared with students pre-arrival as a section of our Pre-Departure Handbook in order to prepare students for life in Israel and Tel Aviv. Students are encouraged to read this information very carefully and have it accessible during their stay in Tel Aviv. In addition, every student is provided with a Welcome Kit upon arrival listing the telephone numbers of all relevant personnel and campus offices (such as the TAU International Office staff), TAU Security Department contacts, instructions on medical care and emergencies, and the mobile numbers of the TAU International Student Life Team who can be contacted in case of emergency 24 hours a day, 7 days a week including holidays.

## **Campus and Dormitory Security**

Like all public institutions in Israel, Tel Aviv University employs a sophisticated network of security personnel covering all campus entrances and patrolling throughout the campus and dormitory complexes 24 hours a day. All students, faculty, staff and campus visitors are required to show student ID cards or another picture ID and submit bags for search. In dormitory complexes, no one is admitted without a dormitory clearance chip (FOB); dormitory areas are exclusively for residents. Temporary guest passes can be obtained but guests must be identified by a dorm resident and follow guest procedures with the main security desk in order to be granted entry permission.

The University's Security Department maintains very frequent contact with government security agencies. The TAU International student population is updated as needed (by phone and/or email) regarding security matters and receives copies of all relevant official campus safety and security communications. TAU International requires all students to carry a working mobile telephone with an Israeli number (see details under "Telephone Services"). This allows our staff to contact all program participants at any time via WhatsApp, SMS text messages, or other forms of group messaging. TAU International also encourages students to join the private Facebook page of our Student Life Team so that this can also be used as an additional method of updating and reaching students.

Additionally, US citizens are advised to register for the U.S. Embassy's STEP program. This can be done either in person, or online at: <https://travelregistration.state.gov>. A member of the U.S. Embassy's American Citizens Services unit based in Tel Aviv also comes to campus each semester to speak to students regarding STEP and other Embassy safety and security resources available to students.

Tel Aviv University has well-marked signage in Hebrew and English directing people on campus and in the dormitories to the closest shelters ("miklat or mamad") should there be a need to take shelter. All shelter locations for campus and the dormitories are posted on the TAU web site; [please click here](#) to see these and read more information about how to react in case of a siren. Additionally, Tel Aviv University has outstanding evacuation arrangements with other institutions throughout Israel. Specific information on such arrangements can be obtained from the TAU International Office.

## **Green Campus at TAU**

In a milestone for environmentalism at TAU, the university was accredited in 2011 as a "green campus" by the Israeli government, in recognition of its efforts to create a more sustainable institution. The accreditation is awarded to Israeli universities that implement programs in three key areas: academic degrees and courses in environmental studies (given by the Porter School of Environmental Studies), heightened resource efficiency through recycling and reduction of

electricity and water use, and community-related projects that strengthen environmental awareness both on and off campus. Among the green innovations at TAU are more energy efficient lighting, the “Nature Campus” educational initiative, stands for the city of Tel Aviv’s new bicycle rental system, and a comprehensive plan for campus bicycle paths.

TAU’s support for sustainable projects on campus is further underscored by the Porter School of Environmental Studies’ new Eco Building. The Eco Building is designed to meet the highest standards of green building- platinum LEED- and will demonstrate innovative environmental technologies.

### **Libraries**

As a Tel Aviv University student, you will have access to all the university’s general and professional libraries. A tour of the libraries will be organized for you during the orientation week. A complete list of on-campus libraries is available at: <http://www.tau.ac.il/libraries-eng.html>

Students enjoy high quality library services across campus. In addition, the Bender-Moss Social Science Library will be open 24 hours a day during exam periods.

Please note that it is your responsibility to return library books on time and that you will not be entitled to receive your diploma until all books are returned. Student studying abroad in the summer term only on a short term program are not allowed to check out books although they are allowed library access and can browse books within the libraries.

### **The Student Union**

The Student Union is one of the most active bodies on campus, and offers all its services in both Hebrew and English. Services to students include, but are not limited to, private tutoring, legal support, and extracurricular activities. The Student Union is located in the Mitchell Building. Please read the section on the Buddy System for more information about the Student Union’s programs or visit [https://international.tau.ac.il/student\\_union](https://international.tau.ac.il/student_union)

### **English-Speaking Student Clubs**

**Model UN** is an academic simulation of the United Nations that aims to educate participants about current events, selected topics in international relations, diplomacy, and the United Nations agenda. The participants role-play diplomats representing a country or NGO in a simulated committee session of the United Nations, such as the Security Council, or the General Assembly. Participants research a country, take on roles as diplomats, investigate international issues, debate, deliberate, consult, and then develop solutions to world problems.

For more information and registration, please contact: [taumunclub@gmail.com](mailto:taumunclub@gmail.com).

**The Ambassadors' Club** is a project of Tel Aviv University International and **Stand With Us**, aiming at establishing a leadership and advocacy program that allows outstanding international and Israeli students from TAU to be trained by experts in an interactive fashion.

Through eight sessions, including a field trip, the program provides the students with necessary tools in different disciplines concerning public advocacy and diplomacy. Throughout the semester, the club uses a two-level approach: on the one hand, offering information regarding the issues, and on the other, developing the skills necessary to best utilize this knowledge. Please contact Tel Aviv University International for more information.



## **Elite Sports Center**

The Elite Sports Center (<http://www.sports-center.co.il/?CategoryID=1029>) serves as the venue for all regular university physical education courses, as well as competitive intercollegiate and Israeli league activities in a variety of sports. Facilities include an Olympic-size swimming pool, lighted tennis courts, a basketball court, a track, and a soccer stadium. The Goldreich Multipurpose Sports building houses fitness and weight rooms, squash courts, and a gymnastics hall. You may purchase a sports pass entitling you to the use of all sports facilities and activities during your stay in Tel Aviv. Separate passes must be purchased for the use of tennis and squash courts. For membership, you will need to provide the Sport Center with the Medical [Form](#) signed by your doctor.

The Tel Aviv University's Elite Sports Center is also host to the [Tel Aviv Pioneers American Football Team](#). The Pioneers are one of three founding members of the Israeli Football League (IFL) (Israel's amateur football league with eleven teams across the country). The Pioneers are the 2008/2009 and 2013/14 league champions and perennial championship contenders. If you are interested in joining the team or just interested in coming to support us, contact us via or [email us](#).

## **Volunteer and Internship Opportunities**

Tel Aviv University believes in encouraging its students to be involved, caring, active citizens who are committed to effecting social change and constantly improving Israeli society. Students interested in volunteer and internship opportunities should meet with the Madrichim in the TAU International Office in Israel. In addition, occasionally Service Learning courses are offered for credit within the study abroad course offerings – be sure to keep an eye out for those!

Some fields of volunteering opportunities are:

- Education
- Refugees
- Women's Rights
- Environment

## **Buddy System**

The Buddy System is a project created in collaboration with the Tel Aviv University Student Union especially for international students. It is a group for students, run by students. The Buddy System's goal is to create a united and multicultural campus at Tel Aviv University.

The program offers all international students the opportunity to enhance their connection to the city, country, and community by connecting them with Israeli students at events held throughout the academic year.

The Buddy System provides the opportunity to meet and build real friendships with Israeli students. The experience is enhanced by Buddy System activities such as trips, lectures, volunteering, parties, and more.

The project is led by four student volunteers and a team of passionate students who want to meet you and make your TAU experience unforgettable. For more information and photos from previous events, see the Facebook page, TAU Buddy System, at: <https://www.facebook.com/TAUBuddySystem> or email them at: [people@taubuddysystem.com](mailto:people@taubuddysystem.com)

Additional information will be provided during orientation week.

## TAU LGBTQ Group

TAU LGBTQ group is happy to welcome you to campus! Our group is a Loving home to all gay, lesbian, bi, trans, queers and confused friends. We meet every other week for different activities that concern our life on campus and in Israel, followed by our local bar for some drinks and hanging out. Most of the weekly meetings are in Hebrew, with all other activities conducted in English and Hebrew. You can [sign up for our mailing list here](#) (Hebrew) in order to stay up to date, and you can always call or look for us on Facebook! If you need help with the Hebrew, please ask one of the Student Life Team for assistance and they will be happy to help.

## Crisis Hotline

In the event that discrimination, harassment, or other conflicts arise, please contact the TAU International office located in the Carter Building on campus. In addition, a student services hotline has been established to handle psychological counseling and crisis. This hotline runs from 6:00pm to 10:00pm nightly. **Phone: 03-6405352.**

## Psychological Services

Psychological services in English are available for all international students. To make an appointment, students can either ask a member of our Student Life Team for help making the appointment or students can directly contact the University's Psychological Services at 03-6408505 or [clinic@post.tau.ac.il](mailto:clinic@post.tau.ac.il). These offices are located in the Mitchell Building, Room 216. Psychological services are strictly confidential by law. Office hours are Sundays-Thursdays from 8:30 a.m. to 2:30 p.m. After hours, a student services hotline has been established to handle psychological counseling and crises. This hotline runs from 6:00 p.m. until 10:00 p.m. nightly and the number is 03-640-5352.

The fees for psychological consultation and counseling are estimated as follows:

Initial consultation session	150 shekels
Second and further therapy sessions	150 shekels
First psychiatric consultation	205 shekels
Further psychiatric consultations	150 shekels

Confidentiality and privacy: The content of psychological and psychiatric appointments is absolutely confidential. No information whatsoever regarding students is divulged to any University officials, nor to any other institution. Only if the student signs a waiver authorizing release of information can any information be divulged.

## Health Insurance

Regardless of other existing coverage, all international students are required to have a mandatory health insurance plan provided by the University; this plan is included in the cost of tuition. If students are dual Israeli citizens with an active Israeli health insurance account, occasionally they can be exempt from the mandatory plan but must first speak with the TAU International Office about these circumstances. No other exceptions are granted.

The mandatory insurance is with Harel Health Insurance Company, the leading health insurance company in Israel. The policy covers treatment by a large selection of private English-speaking doctors in Clalit Clinics. It also covers hospitalization in public hospitals. Coverage includes all program and vacation days. This insurance provides coverage for students only within Israel (does not include coverage anywhere abroad including in the West Bank). Optional health insurance coverage is offered for travel outside Israel for an additional fee. You may purchase the additional coverage directly from an insurance agent in Israel and the TAU International Office Housing and Insurance Coordinator can guide students in this process.

All students enrolled with TAU International are automatically enrolled in this insurance plan and are covered from day one in Israel throughout the entire duration of their program. Prior to arrival, all students are required to submit a Health Declaration Form (Self Evaluation) and also a Medical Form (Signed by a physician) to give the TAU Student Life Team a more complete profile of an individual situation so that accommodations can be made as necessary.

Students receive their insurance card during mandatory orientation and are told to always carry their card/number with them at all times while in Israel as well as to take a photo of it. Students are also given detailed information for how to make an appointment, receive health services, fill prescriptions, and receive emergency treatment in Israel during the mandatory orientation.

### **IMPORTANT HEALTH-RELATED PHONE NUMBERS**

- Call \*2700 for the 24/7 Clalit Call Center (Clalit = Health Insurance Approved Medical Services)
- For a doctor's home visit, call 1-800-262-660 and a doctor will arrive to your apartment within 3 hours. The TAU International Student Life Team can also assist you in arranging this service.
- For the full list of Clalit clinics, please go to: [www.clalit-global.co.il/en](http://www.clalit-global.co.il/en).
- TAU's Clalit Clinic (by the central library) open Sun-Thurs 8:00am-4:00pm. Phone #: 03-6415818
- Also close to TAU: Brodetzky Clinic. 19 Brodetzky St. Phone: 03-7456500
- For general information about the Insurance students can call the information number at 1-800-414-422. TAU International also has on staff a Housing and Insurance Coordinator who can be of assistance.

**Please note that we recommend students ask for assistance from the TAU International Student Life Team in making health related appointments. In addition, a member of the team can accompany students to any medical visit or hospitalization to provide support and translation if needed.**

### **Coverage in Israel**

The Insurance company will provide students with professional and efficient health services which include:

- 1) Comprehensive Medical Providers Network covering all of Israel. This includes physicians, practitioners and specialists, pharmacies, laboratories, and x-ray facilities.
- 2) 24-hour assistance center for immediate treatment and referral.
- 3) Services provided within close proximity to the university (Ramat Aviv and North Tel Aviv).
- 4) House calls when the student is unable to visit a physician.
- 5) Hospitalization in any hospital within the State of Israel.
- 6) Refund for ambulance transportation in cases of emergency.
- 7) Administration of injections, excluding daily injections (such as insulin). Medicine to be provided by the student.
- 8) Every student receives a personal medical service ID card and an index of participating network physicians and pharmacies. Upon presenting the card, the student is eligible to receive all services at no charge. Medicines, laboratory tests, or x-rays prescribed by the physician are provided or administered by Network providers at no charge.
- 9) Students may visit any participating general practitioner or specialist listed in the index without referral.
- 10) Coverage includes emergency dental treatment.
- 11) The 24-Hour Assistance Center can be contacted regarding any medical problem that arises outside of business hours, or that does not have a solution within the framework of the Network.
- 12) Referral for hospitalization may be made by any participating physician or the 24-Hour Assistance Center. This referral is required prior to going to the hospital in order to receive coverage for the visit. In life threatening emergencies, the student may go to the nearest hospital without prior notice to the Insurance provider. The Insurance provider should be advised as soon as possible after admittance.
- 13) Students may use the Network anywhere within the State of Israel. The 24-hour Assistance Center will provide referrals to the nearest physician.
- 14) Exclusions and limitations:
  - Pre-existing conditions to the commencement date of the insurance.
  - Any medicine or treatment not prescribed by The Insurance Company's physicians.
  - Psychiatric treatment.
  - Treatments related to HIV/AIDS.
  - Aesthetic treatments and/or surgeries.
  - Pregnancy and delivery.
  - Work - related accidents.
  - Dental treatment which is not considered an emergency designed to relieve immediate pain.
  - Injuries incurred while intoxicated or under the influence of illegal substances.
  - Injuries incurred while participating in extreme sport activities (e.g. bungee jumping, mountain climbing, etc.).
  - Traffic accidents are not covered by medical insurance provider. In such cases, coverage is through the responsible party's insurance or through a government fund, Karnit - <http://www.karnit.co.il/category/krnoffice>

### **Personal Health Insurance**

TAU suggests that students consider carrying private comprehensive health insurance. In the event that a medical need arises that is excluded by the policy - such as a pre-existing condition or prescriptions - your insurance may enable you to recover those costs. Please make sure that you have insurance coverage that is effective throughout Israel if you plan on being in the country before the program begins. If you plan on traveling abroad either during or after the program, please ensure that you have insurance coverage that is effective anywhere you intend to travel.

For an additional fee, students may be able to extend their insurance coverage outside of their program dates if they plan to remain in Israel for a short time after the program ends or before it begins. Students can discuss this option with the TAU International Housing and Insurance Coordinator and will be given instructions for how to enroll in this option if suitable.

## Health and Safety Tips

### Sexual Assault or Harassment

While Tel Aviv has a vibrant and exciting scene that is for the most part very safe, students are encouraged to adhere to the “buddy system” while out in Tel Aviv, remaining with at least one friend at all times. We encourage students to not engage in any displays of public intoxication, as unfortunately this is often the state in which unwanted advances may be made.

Students should ALWAYS keep a close eye on their drinks, never leaving a drink unattended and making sure to watch carefully how a drink is made. If you have any reason to suspect your drink has been compromised, do not test it out – just get a new one. Do not accept any gum or candy from strangers.

Students are encouraged to use Gett or an authorized taxi service; do not get in an unmarked or unrecognizable taxi at any time.

Again, Tel Aviv is quite safe as far as large cities go. That said, we don't recommend students walk alone late at night especially in remote areas, areas that are not well-lit, or in areas which students aren't familiar with.

Should a student experience sexual assault or harassment, there are several resources available:

- Contact the Student Life Team 24/7; the team can help walk you through the resources available to you and discuss various steps you can take depending on your circumstances and wishes
- You can contact Police – call 100
- For any sexual harassment or assault, you can contact the Association of Rape Crisis Centers (English speaking) – Women call 1202; Men call 1203
- Between the hours of 6-10pm, students can call the Campus Crisis Hotline at 03-640-5352
- Should you need medical assistance as a result of harassment or assault, please contact the Student Life Team for assistance making an appointment. If you don't feel comfortable doing that, please consult the information in your Welcome Kit on making a doctor's appointment or seeking urgent healthcare in Israel

### Discrimination

TAU International strives to create a safe, equal and fair environment for all students and does not discriminate on the basis of race, ethnicity, nationality, citizenship, religion, disability, veteran status, marital status, sex, sexual orientation, or gender identity. If students wish to report any perceived cases of discrimination which occur within or outside of the university, they should contact the Head of the TAU International Student Life Team at 052-525-5137.

### Suspicious Objects and/or People

The majority of Israelis are very used to having a heightened sense of awareness regarding their surroundings. It stems more from common sense as opposed to paranoia – it's just a good idea in general to know what's happening around you, wherever you may be in the world. Students are encouraged to keep an eye on their surroundings at all times and be aware of people, objects,

etc. in their vicinity. Report any suspicious or abandoned objects or suspicious people immediately to the nearest security personnel.

### **Fire Safety**

All TAU facilities, including dormitories, are regularly inspected for Fire Safety and Compliance in accordance with Israeli law. Students should make note of the location of the fire extinguishers in the dormitories or in the place of residence (for those living off-campus) and make note of how to use them in case of fire emergency. Students are also encouraged to make note of all sprinklers and fire evacuation routes. In case of fire, elevators should never be used. Students should not take any personal belongings with them if evacuation is necessary; students should evacuate the building calmly and once outside proceed to a safe area while taking care not to cross any streets without thoroughly checking to be sure it is safe to cross.

### **Electrical Safety in the Dormitories**

Should students notice wires are exposed, outlets or switches are broken or damaged, appliances are broken etc. they should must notify the dorms maintenance immediately upon the discovery of a safety hazard. It is stated emphatically that the resident may not make any changes and/or additions to the electrical systems, on his own or through a licensed technician.

### **Danger of Falling**

It is absolutely forbidden to go on the rooftops of any of the buildings including the dormitories for any reason, to climb or sit on the window sills or in high places that do not have railings. Windows, screens or any part of them may not be dismantled. Planters, flower pots or any other item may not be placed on the outside sills of the windows or on the outer building walls.

### **Environmental Safety Concerns**

From the standpoint of natural hazards, there are a few in which we are most mindful in Israel: Earthquakes, Swimming/Water Safety, and Heat.

### **Earthquakes**

To best prepare for the event of an earthquake, please consult an important resource which is the Israeli Home Front Command website. This is a national web site that monitors public safety in Israel and it contains the safety guidelines to follow in case of an earthquake event. As earthquakes can come without prior warning, a high level of awareness and familiarity with these guidelines can save lives. Following is the link to the Home Front Command's instructions on the subject, with details of the earthquake safety procedures.

### **Swimming/Water Safety**

One of the greatest things about Tel Aviv are the incredible city beaches and the beautiful Mediterranean Sea spanning the entire coastline of Israel. While enjoying this natural wonder, it's important to review the Tel Aviv Municipality guidelines for beach safety:

- Swimming at the Tel Aviv beaches is prohibited when there is no lifeguard on duty. Outside of Tel Aviv, we strongly recommend that you never enter the water if not in an area where there is a designated lifeguard on duty.
- Bathers must comply with the lifeguard and rescue guards at all times.
- Swimming/entering the sea is prohibited when the black flag(s) is raised. Even if the sea looks calm, a black flag indicates dangerous currents. Do not enter the sea in this case.
- Building a fire is always prohibited on beaches.
- Rescue services at the Tel Aviv beaches are available during set hours during the summer season which are typically 07:15am- 16:45pm (consult web site to verify). Do not swim outside of these hours.
- Never, ever swim while intoxicated.



## **Heat/Dehydration**

Israel's strong, Mediterranean sun, coupled with hot, dry weather in many parts of the country, for the majority of the year, pose health risks that include dehydration and heat stroke, as well as long-term damage and risk of skin cancer from exposure to the sun. Other consequences of sun damage can include severe burns. Some tips to stay cool and safe from the heat:

- Avoid prolonged exposure to the sun between the hours of 10:00 a.m. and 4:00 p.m.
- Use a sunscreen of at least 15 SPF applied 1/2 hour before going outside. Reapply sunscreen every few hours, or after exercising, swimming, or playing.
- Avoid clothing that exposes sensitive skin to the sun. Wear light, loose garments with sleeves, in natural fabrics such as cotton. White and other light colors deflect the sun, while dark colors absorb heat.
- Wear a hat with a brim to keep the sun off your face. Covering of the head helps to prevent heat stroke as well.
- Wear sunglasses which protect from harmful ultra-violet rays.
- Don't forget to drink plenty of water frequently. During the summer months, you can dehydrate even before you feel thirsty. Remember that alcohol and caffeinated drinks can dehydrate you further.
- Remember that risks are present even in cooler winter weather. Take precautions such as the above year-round.

## **Drugs and Alcohol**

The legal drinking age in Israel is 18. Should students choose to drink alcohol, they are advised to drink in moderation. Like all big cities, nightlife in Tel Aviv is not without its risks. While nightlife in Tel Aviv is lively and fun, it is essential that students maintain awareness of surroundings and it is advised that students stick together and watch out for one another. In addition, students are advised to watch their drinks at all times. Never accept a drink from a stranger or drink from something that has been left unattended. It should be noted that the majority of Israelis do not drink heavily. Thus, from a cultural standpoint, heavy drinking and public drunkenness will stand out in Israel and therefore is not advised.

Drugs – including marijuana – are illegal in Israel, period. Drug use can result in arrest, fines, deportation, and more. TAU (and your home country Embassy) is unable to intervene on your behalf in any matter of the law including suspected drug use.

Should students need assistance in managing drug and alcohol use, there are resources available. Please read further TAU's information on drug and alcohol use here: <https://acad-sec.tau.ac.il/preventing-eng>.

## **Additional Information**

If students, parents or home institutions would like additional information regarding any matters of safety, security, health and wellness at TAU International, please do not hesitate to contact the TAU International Office at any time.

## **TAU International Excursions and Activities**

In the planning and execution of all excursions and activities, TAU international strictly obeys the security policies established by Israel's Ministry of Education, the Israeli National Security Center (Moked Teva,) and TAU'S Security Department. Transportation to all programmed activities, such

as seminars, excursions, visits and conferences, is handled by University chartered buses and only TAU International authorized passengers are permitted.

All TAU International excursions are cleared far in advance by the Israeli National Security Center ("Moked Teva") and the Ministry of Education. This clearance is coordinated with all appropriate authorities (including Israeli police and army). The Moked Teva is then updated with the groups' whereabouts and plans daily leading up to and during the excursions; should an adjustment to the itinerary need to be made at the last minute for security reasons, the TAU International Student Life Team is prepared with a back-up activity or visit. In rare cases, an excursion or activity will be canceled. In accordance to the recommendation of the Moked Teva, armed guards and trained first-aid personnel carrying first aid kits escort the students throughout each excursion.

TAU International does not travel into the West Bank over the green line, except in very specific areas determined safe by Israel's security services (for example, parts of the Old City of Jerusalem).

### **Independent Student Travel**

TAU International students often enjoy traveling throughout Israel during their time at TAU, and in addition many take advantage of the close proximity to Europe and other nearby destinations such as Cyprus. Students are not excused from class for purposes of traveling, but each semester there are designated holiday breaks in which students can travel independently as well as, of course, weekends.

Students traveling independently are asked to do three things:

- 1) Check with the Student Life Team regarding travel plans while students are in the planning phases. The Student Life Team is happy to give advice and share insight into what past students have enjoyed, recommended, etc. In addition, the Student Life Team can discuss known safety or security concerns regarding a potential destination.
- 2) Complete an Independent Student Travel Form. This form allows the Student Life Team to know student whereabouts and how to contact the student in Israel or abroad in case their usual mobile number will not be available. This Google form is shared with students at the beginning of each semester and students should complete it each time they travel outside the program, even for day trips.
- 3) Ensure that proper health insurance coverage is secured prior to travel, if traveling outside Israel.

Because of safety concerns, TAU International strictly prohibits travel to the Sinai Peninsula, Gaza, Lebanon and Syria during a student's program at TAU. TAU International strongly discourages travel in the West Bank with the exception of parts of Jerusalem. Students are encouraged to check with the Student Life Team to understand the most up-to-date current safety and security updates for parts of Jerusalem if this is part of their travel plan.

While abroad, students are encouraged to keep a low profile regarding both their U.S. identification (for students from or studying in the U.S.) and also all students are encouraged to keep a low profile regarding their current study in Israel.

## **Food and Living Expenses**

Tel Aviv is a relatively expensive city, but it is also possible to economize. Plan to spend up to \$1,200 USD per month for food, independent travel, and incidental expenses. Allow about twice

as much for the first month to cover initial purchases. Of course, the amount spent varies per person.

There is no inclusive meal plan at Tel Aviv University. There are several supermarkets nearby, as well as shops that sell prepared foods. University subsidized cafeterias on campus serve excellent kosher meals at very reasonable prices. There are plenty of restaurants and cafés in close proximity to the campus.

Some of the larger grocery store chains in Israel are Supersol (also known as Shufersal), Mega, and Tiv Ta'am. Supersol and Mega are closed on the Sabbath (Saturdays), and everything in the stores is kosher. Tiv Ta'am, on the other hand, sells non-kosher products and is open on Saturdays.

Also open on Saturdays is AM:PM, which is a grocery chain that sells fresh produce and most staple groceries. As the name suggests, AM:PM is also open all night long.

The two main health food chains are Teva Kastel (many locations throughout the city) and Eden (in Gan Ha'ir shopping center - Ibn Gvirol Street at the corner of Hadassah Street). Many international products are also available at these stores. If you are looking for marmite, sushi rice, curry, or root beer, this store is for you!

Another great way to shop is by visiting the outdoor markets. Carmel Market, located at the intersection of King George, Allenby, and Sheinkin Streets, is a great place to get anything you might ever need. Beyond food, the market also has shops that sell flowers, hardware, clothes, and many other items.

There are many free cultural events and the beach is free, but concerts, designer shops, and eating out can add up. The costs of living will therefore very much depend on you. We suggest that you consider adopting the eating habits of Israelis - fruit and vegetables are relatively inexpensive and readily available. Chicken is the most popular meat, as beef is costly and features less prominently in the Israeli diet.

### **On Campus Food**

In each building there is a nice Cafeteria - go and explore your culinary choices! Here are some options:

- Aroma- Coffee shop in the Diaspora museum (it's near the OSP office).
- Main Cafeteria - In Sharet building (McDonalds, Salad bar, Italian food, etc.)
- Kakau- Coffee shop, Hummus, sushi and snacks. In front of the food court, across the Sharet building.
- CafeNeto- coffee shop, sandwiches, salads, hot lunch and more at the Gilman building.
- Japanika: Sushi, Noodles and other Asian cuisines. Right outside the main gate of TAU.

### **Post Office**

There is a post office located just outside the main gate of the University on Levanon Street, across from the main entrance to the University. There are many services and products offered, including postage stamps, phone cards, fax services, money exchange (with better rates than at the bank), and money orders via Western Union. You can even buy a credit card and pay most of your bills there. For more information about Israel's Postal Services go to: <http://www.israelpost.co.il/>

You should allow at least ten days for a letter mailed from Tel Aviv via standard airmail to be delivered in New York. Mind this gap in time when you send a letter home and vice versa. For reduced delivery time, mail may be sent by Special Delivery Airmail from the United States or by Express Mail from Israel at an additional charge. Packages may be sent by air or surface mail, the latter taking up to several months for delivery. Packages sent by mail may be subject to duty charges.

For students living in the dormitories, mail that is sent to the university is delivered to a central mailbox outside the Tel Aviv University International Office. You must check this box daily for your mail and messages. Mail should be addressed to:

Your Name  
c/o Tel Aviv University International  
Tel Aviv University  
Carter Building, Room 108  
Ramat Aviv, Tel Aviv 69978  
ISRAEL

### **Time Zone**

Israel's time zone is UTC + 2. Israel follows Daylight Saving Time, but has a slightly different changeover schedule than Europe and North America. For the exact time in Israel click: [http://www.worldtimeserver.com/current\\_time\\_in%20%20%20IL.aspx](http://www.worldtimeserver.com/current_time_in%20%20%20IL.aspx).

Israel is seven hours ahead of Eastern Standard Time (for example, when it is 4:00 a.m. in New York, it is 11:00 a.m. in Tel Aviv). Keep in mind that Israel follows a slightly different changeover schedule for daylight savings time.

### **Mobile Phones**

We **require** all of our students to carry mobile phones with Israeli phone numbers for the duration of the program.

If you choose to pre-arrange a SIM card and mail it to our office, the address is:  
TAU International, Tel Aviv University, Carter Building Room 108, 6997801 Ramat Aviv Israel

Alternatively, you can purchase a mobile phone or SIM card once you arrive on-site. Our Student Life Team can help guide you in the process if needed once you arrive. There is free Wi-Fi on campus and in TAU Housing that you can connect to in order to make What'sApp calls and messages while you await an Israeli SIM card or phone.

**Disclaimer:** We do not officially partner with any companies and have no financial agreements with them. This list is provided as a service to students; you are free to choose from the many companies that exist in Israel.

Please [get in touch with us](#) if you have any questions, or need assistance!

### **Providers for Local Customers**

These companies usually have lower prices, and physical locations for you to pick up SIM cards. They might not have English-speaking customer service or experience working with visitors to Israel.

#### [Golan Telecom](#)

- Monthly plans range from NIS 24 – 99.



- Order SIM cards [online](#) or [at a store](#).
- Cards will be delivered by the Israel Postal Company within a few days.

### HOT Mobile

- Monthly plans range from NIS 35–45.
- Order SIM cards [online](#) or [at a store](#).
- Cards will be delivered by courier within three business days.

### **Providers for International Customers**

These companies may be slightly more expensive, but they cater specifically to short- and long-term international visitors. They usually don't have local offices, but they do have English-speaking customer support.

### 019 Mobile

- Biweekly plans are US\$ 18; monthly plans are US\$ 28.
- Order SIM cards [online](#).
- Sim cards are delivered to Ben Gurion airport for free.

### TalknSave

- Short-term (one-week to three-month) plans range from US\$ 39.97 to US\$ 157.50. Details are available [online](#).
- Long-term (monthly) plans range from US\$ 19.97 to US\$ 59.97. Details are available [online](#).
- SIM card delivery to the United States is free for students.
- SIM cards can also be delivered to the TAU International Office.

### Israel Phones

- Short-term (one- to six-month) plans range from US\$ 32-79. Details are available [online](#).
- Long-term (monthly) plans are NIS 99. Details are available [online](#).
- SIM cards are delivered to Ben Gurion Airport for free, or to an address in the US for \$15.
- SIM cards can also be delivered to the TAU International Office.

### **Tips**

- Incoming calls are free of charge; you pay only for outgoing calls.
- If you bring an unlocked smartphone, you can purchase a SIM card for it.
- If you need to purchase a phone, most companies offer an inexpensive, basic model for about NIS 400.
- Most everyone in Israel uses What'sApp – be sure to download it as you will find it to be an easy way to communicate here and abroad.

Upon arrival, students are sent a Google form on which they are required to give their Israeli mobile phone number to the TAU International Student Life Team so that they will be included in the program's emergency contact services. In this form, students are also asked to provide updated Emergency Contact Information in case of emergency. Should any contact information change during the course of the program, it is the student responsibility to inform TAU International Student Life Team of this.

### **Internet Access**

You can log on to the following WIFI networks while on the TAU campus:

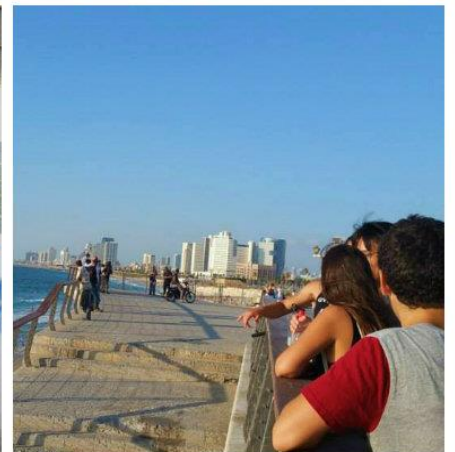
Free-TAU      Password: free-tau (if this doesn't work try freetau)  
Public-TAU    Password: publictau

### **School and Office Supplies**

For Office supplies, books, Stationery items, etc., go to "Bug", On the corner of Chaim Lebanon and Einstein St., near TAU main gate and behind Hahug Hatzfoni bar. 037292345, Sun-Thurs: 8:30am-8:00pm, Fri: 8:30am-2:00pm.

An office supplies store is conveniently located at the main entrance of Tel Aviv University and sells most of the necessary supplies you will need for your academic studies. You will find everything from pens and notebooks, to printers and USB memory sticks/flash drives. Students with a photo student ID receive a discount. In addition, there is also a store located in the Ramat Aviv Mall as well as stores all over Tel Aviv.

# LIFE IN TEL AVIV



## About Tel Aviv-Yafo

Greater Tel Aviv-Yafo is a world-class academic hub and a popular destination for international students. Four universities and a dozen colleges offer a wide range of programs - from short semesters to full degrees, all taught in English. Together with top academic programs, Tel-Aviv-Yafo offers young people a dynamic student life. Lonely Planet ranked Tel-Aviv-Yafo as number 3 in the hottest destinations for 2011, thanks to its bustling nightlife, lively art scene, and 14-kilometer beach. One out of three residents in the city is between the ages of 18 and 35, making it a perfect location to study!

Tel Aviv was established in 1909, by a group of Jewish families from Jaffa, a port city which has been inhabited for over seven thousand years. Tel Aviv originally began where Jaffa ended, however in 1950 the two cities were united into a single municipal entity. Tel Aviv-Jaffa is now Israel's cultural as well as financial center, a mix of antiquity and innovation, and the center of Israel's high-tech industry and youth culture.

Tel Aviv is the center of Israeli industry and commerce. Israel's only stock exchange as well as nearly 40% of the country's finance and banking industry is located in Tel Aviv.

High-tech is Israel's number one industry and has been the engine of Israel's rapid economic development over the last decades, even in the face of a global economic crisis. Israel has the largest number of startup firms per capita of any country and the second largest concentration of high-tech companies (after Silicon Valley). As a city that encourages innovation and creativity, Tel Aviv is the heart Israel's high-tech and information-based industries, home to most of the country's startup companies.

In 2010 and 2011 Lonely Planet magazine ranked Tel Aviv third on its list of Top Ten Cities to Visit, calling it "a truly diverse 21st-century Mediterranean hub" and "by far the most international city in Israel." In 2012 MasterCard reported Tel Aviv was the fifth most visited destination in all of Africa and the Middle East. Thanks to its 14-kilometer-long beach strip, in 2010 National Geographic magazine included Tel Aviv on its list of "World's 10 Best Beach Cities," along with Barcelona and Rio de Janeiro.

Unique in its status as a major center of industry as well as a hub of youth culture, Tel Aviv is located on the Mediterranean coast and enjoys, on average, 318 sunny days a year. The city's public beaches are meticulously maintained and are open to visitors year-round, encouraging everything from laid back sunbathing on the sand to sporting activities such as wind surfing – a sport in which Israel won its first Olympic gold medal in 2004.

Tel Aviv has the largest concentration of nightclubs and restaurants in Israel, despite being the country's second most populous city. Nightlife thrives in Tel Aviv due to the city's high percentage of residents between the ages of 18 and 34. Some are students at Tel Aviv University, some are young entrepreneurs, many are artists come to experience Israel's most vibrant city.

- City of Tel Aviv: <http://www.tel-aviv.gov.il/english/>
- Tel Aviv Entertainment Guide: <http://telavivcity.com/eng/>
- Ministry of Tourism: [http://www.tourism.gov.il/Tourism\\_Eng](http://www.tourism.gov.il/Tourism_Eng)
- Secret Tel Aviv: <https://www.secrettelaviv.com/>



## MAP OF TEL AVIV



- 1 Tel Aviv University, in Ramat Aviv**
- 2 Basel - the North is close to the park, the port and TAU. Tons of restaurants (~10 min)**
- 3 Ben Gurion, Gordon and Frishman - close to the beach and young (~20 min)**
- 4 Rabin Square is very central. You'll find everything there 24/7. (~20 min)**
- 5 The Heart of Tel Aviv - with Rothschild, Shenkin and more is fun and beautiful (~30 min)**
- 6 Neve Tzedek - an old neighborhood full of charm close to the beach (~45 min)**
- 7 Florentin- trendy, vibrant, cheaper but also slightly run-down; many students & artists (~50min)**
- 8 Yafo - many bigger apartments available, great atmosphere, a bit far (~55 min)**

\*The time mentioned shows approximately how long it takes to TAU by bus. Biking could be quicker

### Sustainability in Tel Aviv

From local organic community gardens to large organizations fighting for national laws on environmental issues, Tel Aviv is the heart and mind of environmental initiatives in Israel and houses the offices of most of Israel's numerous environmental NGOs (non-governmental

organizations). Together with the increasingly influential work of these NGOs, a new generation of environmentally conscious Israelis is growing and developing.

### **Did you know?**

Tel Aviv, "The White City", is a UNESCO World Heritage Site. Tel Aviv is home to over 5,000 Bauhaus buildings - the largest concentration per city in the world. In recent years, the city has been undergoing a massive reconstruction and preservation effort, which has earned it the status of a world heritage site by UNESCO. Take a tour of the buildings at the Bauhaus Center: <http://www.bauhaus-center.com/>

### **Transportation**

Useful Apps to download:

- Moovit
- Gett Taxi
- Uber
- Waze

It is very easy to travel within Tel Aviv by bus, foot, or bicycle, depending on the distance. For example, the ride from the city center to the university is 30 minutes by bus, even though the distance is just a few kilometers. If you live in Ramat Aviv, you can walk to the university. If you live in the city center, it is possible to walk to the beach and ride a bike to almost anywhere in the city. Buying and maintaining a car is very costly, and parking is a very time consuming and expensive endeavor. If you plan to go out at night, your best bet is to take a taxi.

General information on buses: [www.bus.co.il/en](http://www.bus.co.il/en), Tel. 1-900-72-1111

Please note that most public transport in Israel stops on Shabbat; though intercity sherut taxis do continue to operate.

'Rav-Kav' is a rechargeable electronic bus and train card at reduced student prices. Please check which 'Rav-Kav' student profile suits you best. 'Studan' is a semester/year program that can be worthwhile if you use it daily. You can also get a regular Rav Kav with 30% student discount.

To receive the Rav Kav card, please bring your student ID and an approval letter from TAU (available from the TAU International office), to the Arlozorov Bus Station or the Central Bus Station (7th floor), Sundays through Thursdays from 8am to 6pm, Fridays 8am to 1pm. During the first week of the semester, you can get it at the Student Union tent on Campus.

## Buses

- Dan Buses: Tel: 03-6394444 [www.dan.co.il/english/](http://www.dan.co.il/english/) -  
Sun-Thurs: 5:30am-midnight, Fri: 6:00am-3:00pm  
Sat: End of Shabbat-midnight.
- Egged Buses: 03-6948888 (Dial 3) [www.egged.co.il/eng](http://www.egged.co.il/eng)  
Sun: 6:30am-11:00pm, Mon-Thurs: 7:00am-11:00pm  
Fri: 8:00am-3:00pm, Sat: End of Shabbat-midnight
- Night buses (Kavei Layla) are available on Thurs and Sat night. For more information please dial "Call Kav" hotline at \*8787. <http://www.kav-layla.co.il/> (Hebrew)

Bus Line	Destination	Company
24 & 25	The City Center, Shuk HaCarmel (the main market), Allenby, Rothschild, Dizengoff Center	Dan
171	Azrieli Center, Central Bus Station	Egged
7	TAU Train Station, Arlozorov Train/Bus station	Dan
274	Azrieli Center	Egged
289	Ibn Gvirol, Rabin Square	Dan
90	Herzliya: Arena Mall/Marina, Herzliya Pituah (with restaurants, bars and clubs).	Metropoline
480	Jerusalem Central Bus Station. From Arlozorov Bus Station (near Savidor Mercas Train Station).	Egged

## Trains

Israel Trains: 03-5774000 or \*5770, [www.rail.co.il/en](http://www.rail.co.il/en)

Sun-Thurs: 6:00am-11:00pm, Fri: 6:00am-3:00pm

Sat: End of Shabbat –11pm

The train station is about 20 min walk from the dorms.

## Sherut Service

Between a taxi and a small bus, costs is the same as a bus (6-10 NIS per ride). Goes to Tel Aviv and to the beach:

Sherut number: 4x' (which means - Four Aleph)

## Gett/Taxis

MAKE SURE YOU KNOW:

- "Gett" App - Allows to both order a taxi easily by pressing a button, and to pay with your credit card by inserting its details and information. Possibly the best way to order taxis in Israel. Can also be used in English.
- Your driver has to put on the meter. We call it "MONEH".
- A taxi for the university to the city center should cost NIS 40-60, not more!
- A ride out of the city (between cities) has a fixed price. Ask the driver to show you the

printed price list.

- There is a day rate and a night rate and a rate for Saturday (the night rate is more expensive 9pm-5:30am & all of Saturday).

There are many taxi operators in Tel Aviv, the closest one is a cab station in front of the Ramat Aviv mall.

### **Bicycling**

Bicycling is a very popular mode of transportation among local residents, with designated bike lanes along major roads. The Tel Aviv-Yafo Municipality has begun a new project called Tel-O-Fun, which includes a number of bike rental stations located throughout the city, similar to programs in major cities in North America and in Europe. For more information, visit <https://www.tel-o-fun.co.il/en/>.

### **Driving in Israel**

Students holding a valid foreign driver's license should be able to rent and drive cars in Israel. Many rental companies are located on HaYarkon Street, near Frishman Street. Students may also consider signing up for a car sharing service such as [Car to Go](#). Tell them you're a student at TAU - they may give you a discount.

### **Banking**

We advise our students to avoid traveling to Israel with large sums of money, but you may want to have a small amount of cash for your first days. Do not open a bank account in a U.S. branch of an Israeli bank since Israeli branches do not have information about accounts opened abroad.

**Opening an Israeli bank account:** The main banks in Israel are Leumi, Hapoalim, and Discount (all have branches conveniently close to campus). Rarely, study abroad students choose to open an Israeli bank account. It is not recommended. Certain services, such as depositing checks, can only be done at the same branch at which you opened your account, but withdrawing money from an ATM can be done from any bank. American citizens must report their Israeli bank account in their annual income tax filing, regardless of its duration and total sum.

*If you do not have Israeli ID, the bank clerk, when opening an account, will randomly assign you a fictional ID number. Please make sure you write down this number. You will need it for future services provided by the bank.*



Mandatory to have while going to open a bank account:

- TAU Student I.D
- A study approval ( a formal form that states your studying in the university this year, the same one used for the Rav Kav)
- Passport
- ID from your home country which has a photo in it (in addition to your passport).

The bank branches below around campus open bank accounts for foreign citizens:

\*You can open an account in other branches also, these are near campus.

- ["Discount" bank branch on Yehuda Ha-Nasi st. 34](#)
- ["Leumi" bank branch on Brodetzki st. 43](#)
- ["Leumi" bank branch on Aba Akhi Me'ir st. 15](#)
- ["Leumi" bank branch on Rav Ashi st. 18](#)

**ATM cards:** The easiest way to have immediate access to your money from your account in the United States is with an ATM card. We strongly suggest that you arrange for an ATM card from your local bank along with a 4-digit pin number (personal identification number), and that you make sure it can be used in Israel. Please be aware that you will not be able to use a debit card that does not have a credit card logo. Therefore, you should make sure that your bank card is both a debit card and a credit card even if you will not use it as such. We do not advise relying exclusively on ATMs as your only source of cash, due to potentially high transaction fees per each withdrawal.

**Credit cards:** The most popular credit card in Israel is Visa. MasterCard and American Express are also widely accepted. Most businesses accept these cards for goods and services, and banks offer cash advances. Transactions are then billed to an account back home.

### **Sports and Recreation**

Please see the Elite Sports Center on Campus life section.

### **Public Sports Facilities**

Park Hayarkon, Tel Aviv's largest public park, is within walking distance of the University. Features include extensive picnic areas, gardens, a man-made lake, a bicycle path along the Yarkon River, boats for hire, a small children's zoo, and more.

In order to reach the park, walk towards the University Railway Station on the campus's southeastern side. Cross Rokach Boulevard, then turn left, and enter the grounds beyond the parking lot. In the park you will find the Sportek.

Sportek, the Park HaYarkon Sports Center, tel. 03-6422828, 03-6990307.

### **Other Local Attractions**

- The Safari Park – Spacious safari park with zoo and petting corner, Ramat Gan, Tel. 03-6312181.
- Israel Tennis Center, Ramat HaSharon, Tel. 03-6456666.
- For a map of Israel, including sites and attractions, you can visit the website <http://www.eyeonisrael.com>.
- A good resource for travelers is <http://www.tripadvisor.com/AllReviews-g293977-Israel.html>

### **Beaches**

Tel Aviv has excellent public beaches with changing rooms, restrooms, and cafes right on the sand. Beach chairs and umbrellas are available for a small fee. For more information, including directions, please visit the following links (according to your area):

[North beaches](#)

[South beaches](#)

We're sure you will enjoy the beaches – it's a highlight of the city for sure! That said, we want to remind you of the very important [Tel Aviv Municipality](#) guidelines for beach safety:

- Swimming at the Tel Aviv beaches is prohibited when there is no lifeguard on duty.
- Outside of Tel Aviv, we strongly recommend that you never enter the water if not in an area where there is a designated lifeguard on duty.
  - Bathers must comply with the lifeguard and rescue guards at all times.
  - Swimming/entering the sea is prohibited when the black flag(s) is raised. Even if the sea looks calm, a black flag indicates dangerous currents. Do not enter the sea in this case.
  - Building a fire is prohibited on beaches.
  - Rescue services at the Tel Aviv beaches are available during the following hours:  
July 1- October 8: 07:15am- 16:45pm – do not swim outside of these hours.
- Never swim while intoxicated.

We hope you responsibly enjoy the beach - we are here for you should you want recommendations for beaches or any other activities in Tel Aviv!

### **Shopping Centers**

The closest shopping center to the campus is the Ramat Aviv Mall, which is a five-minute walk from the University's main gate, at 40 Einstein Street, tel. 03-6426612. The mall has two large supermarkets and two levels of shops, restaurants, cafes, and cinemas.

Other options in Tel Aviv are:

- Dizengoff Center, 50 Dizengoff Street, tel. 03-6212416.
- Azrieli Center, off the Ayalon Freeway, tel. 03-6081400.
- Sarona Market
- Gan Ha'ir, designer boutiques, 71 Ibn Gvirol Street, tel. 03-5279111.
- Tel Aviv has a number of colorful and lively bazaars, or open-air markets, which are open from early morning to early evening, Sundays through Fridays. While it is less customary to bargain on food prices, it is acceptable to try for a discount on clothes and housewares. The word in Hebrew for bazaar, or open-air market, is shuk.
- Shuk Hacarmel - The largest and best market for fresh fruit and vegetables, cheese, meat, Asian and other specialty foods, cleaning supplies, inexpensive clothes, and every other consumer item under the sun. Begins at the corner of Allenby and King George Streets.
- Nahalat Binyamin - An arts and crafts market held every Tuesday and Friday with live music and entertainment. On the Nahalat Binyamin pedestrian-only street, right off Allenby Street and parallel to Shuk Hacarmel.
- Levinsky Street - A wonderful street market for spices, nuts, dried fruit, etc.
- Jaffa Flea Market (Shuk Hapishpeshim) - Second-hand clothes, furniture, and general household items. In Jaffa.

## Religious Life in Tel Aviv

- Tel Aviv University is host to a diversity of students from various ethnic and religious backgrounds. It is the university policy to respect all religious beliefs – no student will be penalized for absence due to religious observance, and alternative arrangements will be sought to satisfy the academic requirements involved. Please consult your program's coordinator regarding any questions or issues you might have.
- For the dates of national and Jewish religious holidays, please refer to our academic calendar. On the section on Life in Israel you can find explanations about the major holidays celebrated in Israel.
- Hillel: the Foundation for Jewish Life on Campus, is a student-run organization that provides a variety of programming on college campuses around the world. Throughout the school year, TAU Hillel offers events in English and Hebrew that are open to all regardless of religion or nationality. For more information regarding Hillel, go to [their website](#).
- Below is a list of places of worship in Tel Aviv-Yafo, please contact them directly for times of worship.

## Judaism:

- Conservative/Masorti- Kehilat Sinai, Tel Aviv, <http://taliaharris.wix.com/sinai>. The New Kehila, Ramat Aviv, <https://www.facebook.com/HaKehila>
- Orthodox- [http://www.rabanut.co.il/show\\_item.asp?levelId=60315](http://www.rabanut.co.il/show_item.asp?levelId=60315) (Hebrew only)
- Progressive/Reform- Beit Daniel, Tel Aviv, <http://www.beit-daniel.org.il/>

## Christianity:

The Fellowship of Christian Students in Israel (FCSI) is a sister organization of InterVarsity USA and IFES Europe, and seeks to equip Christian students on campus with bible studies, prayer meetings, pastoral care, trainings and conferences. International Christian students can often feel as a minority group here, so it is important for us that their mental, spiritual and emotional well-being is taken care of. We also can help connecting students with local churches and congregations. Please contact Kevin and Lavinia Nalty (050-301-4332 [kevin@fcsi.ws](mailto:kevin@fcsi.ws); 058-683-8653 [lavinia@fcsi.ws](mailto:lavinia@fcsi.ws))

Other options for services:

- Lutheran- Immanuel Church, Jaffa (English services) <http://www.immanuelchurch-jaffa.com/>
- Roman Catholic- St. Peter Church, Jaffa (English, Italian, Spanish, Polish, and German services). St. Anthony of Padua Church, Jaffa (English and Arabic services) <http://www.jaffatsparish.com/services.htm>
- Greek Orthodox- St. Michael Church, Jaffa (Greek services), Phone: 03-6823451

## Islam (Sunni):

Al-Ajami Mosque, Jaffa; Mahmoudiya Mosque (Great Mosque), Jaffa; Al Bahr Mosque, Jaffa; Hassan Bek Mosque, Tel Aviv.



# LIFE IN ISRAEL





## Jewish and National Holidays

All holidays in Israel begin at sundown on the previous day and their precise dates on the Gregorian calendar change from year to year. The High Holidays (Rosh Hashanah and Yom Kippur) will take place in mid to late September. Sukkot follows in the beginning of October. Other main Jewish holidays include Hanukkah, Purim, Passover, and Shavuot. There are also a number of national civil holidays celebrated in Israel including Holocaust Memorial Day, Memorial Day for Fallen Soldiers and Victims of Terror, and Independence Day. More details about these special days are provided below. Both Hillel and the Buddy System provide holiday-related programming throughout the academic year, and international students will be notified of all.

**Rosh Hashanah** - The holiday represents the beginning of the Jewish year and civil calendar; its name in Hebrew means "The Head (beginning) of the Year." The holiday is a time when people look back at the occurrences of the past year and think about how they plan to make changes in the upcoming year. Families gather to share a large festive holiday meal.

**Yom Kippur** - The most solemn day of the Jewish calendar, Yom Kippur occurs 10 days after Rosh Hashanah. This "Day of Atonement" is a fast day, and is usually observed by attending synagogue to repent and ask forgiveness. It is said that on Rosh Hashanah, God writes the judgment of every person in the "Book of Life" and on Yom Kippur, the book is signed and sealed. Thus, the ten days between the two holidays is a time to ask forgiveness from others. Please note that most of the country literally closes down during Yom Kippur, including transportation.

**Sukkot** - Translated as "The Feast of the Booths" and also called the "Feast of the Tabernacles", Sukkot is both a religious and agricultural holiday. The holiday commemorates the forty years that the people of Israel wandered the desert after the exodus from Egypt. The holiday is also a celebration of the harvest season in the region. During the holiday, families erect booths (*sukkot*) outside their homes, in which they sit to eat their meals and even sleep at night. In order for a booth to be 'kosher', its occupants must be able to see stars through the roof of the structure.

**Hanukkah** - Known as "The Festival of Lights," Hanukkah tells the story of assimilation, suppression, and the fight to maintain the Jewish faith in the face of secularizing Hellenism. During the holiday Jewish people light an eight-pronged candelabrum to symbolize the eight days that the oil burned in the Temple after it was reclaimed from the Hellenists. The connection with oil extends also to the food that is customary to eat during the holiday - jelly-filled donuts and *latkes* (potato pancakes).

**Tu B'Shvat** - The "New Year for the Trees" is celebrated by planting trees in Israel and eating different kinds of fruit and nuts. The holiday is another agricultural holiday that has its roots in the "Mishnah" (rabbinical commentary on Jewish law).

**Purim** - Purim commemorates the time in which Jewish people living in Persia were saved from extermination at the hands of Haman, the king's advisor. On this holiday, the Scroll of Esther is read twice, small gift packages of goodies are sent to friends, money is given to charity, and people dress up in costume and celebrate.

**Passover** - Commemorating the exodus from Egypt, this holiday is observed in a number of ways. During the first night, the story of the flight from Egypt is recited around the dinner table. Throughout the weeklong holiday, there is a very rigid dietary requirement of not eating bread or any other leavened food. In fact, Israeli law prohibits the sale of these items during Passover, so you may choose to stock up in advance.

**Holocaust Memorial Day** - Starting at sundown, TV broadcasts and radio programs are dedicated to the subject of the *Shoah* (Holocaust). A two-minute air siren goes off at 10:00 the following morning. During the siren people drop whatever they are doing in order to stand in silence and contemplation. Memorial ceremonies are held at the University and main city squares (Rabin Square in Tel Aviv).

**Memorial Day for Fallen Soldiers and Victims of Terrorism** - One week after Holocaust Memorial Day, Israel commemorates its soldiers who have fallen in battle as well as the victims of terrorism. A siren is sounded at 8:00 pm and again at 11:00 am the following morning. It is customary to stop and stand in silence during the sirens. Local radio and television channels will also broadcast programs commemorating the fallen, as well as events leading to the creation of Israel and its subsequent wars. Ceremonies are held both on campus and at Rabin Square. Immediately at the conclusion of Memorial Day (*Yom Hazikaron*), Israel's Independence Day begins.

**Israel Independence Day** - At the precise moment that Memorial Day ends, Independence Day (*Yom Haatzmaut*) begins - drawing an inseparable link between fallen soldiers and victims of terrorism and the country's independence. The mood instantly changes as people celebrate Israel's independence. Ceremonies are held at night in Rabin Square, and the next day many people celebrate by getting together with friends and family for a barbeque (*mangal* or *al ha'esh*).

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**Shavuot** - This holiday is otherwise known as *Chag Matan Torah*, the holiday to commemorate when the Jewish people received the *Torah* (first five books of the Bible) at Mount Sinai. Shavuot comes 49 days after Passover, and illustrates that while the children of Israel were physically released from bondage on Passover, they were redeemed from idolatry and immorality by receiving the *Torah* on Shavuot. On this holiday, it is customary to eat dairy products, particularly cheesecake, and study *Torah* through the night.

**Tisha B'Av** - Occurring on the 9th day of the Hebrew month of *Av*, this is a day of fasting and mourning in commemoration of tragedies that have befallen the Jewish people. According to tradition, both the First and Second Temples in Jerusalem were destroyed on this date.

If you would like to find out more about the Jewish holidays, a great resource is the Jewish Virtual Library: <http://www.jewishvirtuallibrary.org/jsource/Judaism/holidays.html>

## Working Weeks and Hours in Israel

The Israeli work week is from Sunday through Thursday, with a few offices also open on Friday mornings. The weekend for most office workers is Friday and Saturday. At Tel Aviv University, courses are held and administrative offices are open from Sunday through Thursday, although some academic activities do occur on Friday mornings. Stores in Israel are generally open from Sunday through Friday afternoon. Some malls and stores also open for Saturday evening shopping.

## Touring and Activities

You should plan to travel extensively throughout Israel. For University-sponsored trips, students need a backpack large enough to carry two changes of clothes, sturdy walking shoes, and a sleeping bag (most youth hostels provide sleeping bags but some do not). Your sleeping bag can also double as an extra blanket in your dorm room during the winter months. If you are an avid hiker, you may want to bring a larger backpack, sleeping bag, hiking boots, a flashlight, and a mess kit. There may be some additional tours or activities that will be added during the year and may cost an additional fee. In such instances, participation is optional and the additional fee will be charged in Israel.

If you plan to be away from campus for an extended period of time, please inform your program coordinator of your itinerary. Please include the date you plan to return to campus and a telephone number or address where you can be reached in the event of an emergency.

While the program places no travel prohibitions on you, we strongly urge you to seriously consider the potential dangers inherent in visiting countries with which Israel does not have diplomatic relations. Entry to and exit from these countries is not always easy, and TAU is not responsible for you should you decide to undertake such a trip. Additionally, TAU is not liable for any independent travel undertaken in the West Bank and the Gaza Strip.

We will be more than happy to assist you with suggested trips and places to visit. We will also be regularly updating you on the exciting events happening in and around the Tel Aviv area such as festivals, film events, conferences, and exhibitions.

## Useful Online Resources

Maps:

- Map of Tel Aviv: <http://www.tel-aviv.gov.il/eng/Pages/mapsnew.aspx>
- Interactive map of Israel: <http://www.eyeonisrael.com>

Resources for Travelers:

- Let's Go Guide: <http://www.lets-go.com/middle-east/israel>
- Tel Aviv Global City Guide: [http://issuu.com/gagnshalom/docs/tlv\\_globalcity](http://issuu.com/gagnshalom/docs/tlv_globalcity)
- TimeOut Tel Aviv: [http://digital.timeout.co.il/activemagazine/welcome/TO\\_globalcity2.asp](http://digital.timeout.co.il/activemagazine/welcome/TO_globalcity2.asp)

Media Sites:

- Haaretz: <http://www.haaretz.com/>
- Jerusalem Post: <http://www.jpost.com/>
- Ynet (affiliated with Yediot Acharonot): <http://ynetnews.com>
- Times of Israel: <http://www.timesofisrael.com/>

Useful Apps:

- Moovit, Waze, Gett Taxi (Israel's Uber), Uber (not as much used here, but beginning to be more popular)

**We will see you soon in the beautiful city of Tel Aviv!!!**